




PACKED LUNCHES

All food items provided by parents must adhere to our strict school rules and Prohibited Food Policy. Prohibited foods will be thrown away at school and not sent home.

Please bring in:

9:00am to 3:00pm	3:00pm to 5:00pm	5:00pm (Extension)
1 Morning Snack and 1 Packed Lunch	1 Snack	1 Snack
		

PROHIBITED FOODS POLICY

ALLERGIES

We have children at the school with fatal allergies. If you send in packed lunches please adhere strictly to policy below and ensure that you do not send in allergens, or any food containing trace elements of nuts/nut products etc.

The following items are prohibited at Kspace in both lunches and snacks

ALLERGENS

- ★ All nuts (including but not limited to peanuts, cashews, almonds and pine nuts)
- ★ Nut products (e.g. pastry containing ground almonds) / nut oils
- ★ Sesame, milk or yoghurt drinks.
- ★ Eggs e.g. boiled, mashed eggs etc.
- ★ Some biscuits/cakes contain eggs but please avoid if possible.

PROHIBITED NON-ALLERGENS

- ★ Sweets
 - ★ Candy
 - ★ Chocolate
 - ★ Coke, Soda, Fizzy Drinks
 - ★ Mochi, dango, Konyaku
 - ★ Small jellies that are a choking hazard
 - ★ Coffee / caffeinated drinks
 - ★ Kimchee, garlic and other foods with strong odours (natto, various cheeses, fermented foods etc)
 - ★ Any fruits etc. with stones e.g. ume/ume boshi, whole avocado or peach
- We **also request that parents do not send in:**
- Sausages or food with a 'skin' like small smoked cheeses
 - Grapes or fruit that can choke
 - Decorative Obento items e.g. green plastic dividers, ornaments etc.
 - Toothpicks or small items that are sharp or like prongs

NOTES: Packed lunches are served at room temperature. We cannot heat up or deep refrigerate items. We do not wash out dishes/containers etc.

During seasonal camp periods we do not provide parents with updates regarding children's eating behaviour or how much they ate, unless the team has any specific observations.

Some children are allergic to other substances or food sources (honey, gluten, wheat etc) and it is mandatory that parents inform us of these allergies. These items will not be added to our prohibited foods due to incidence of use at the school.

We do not encourage any sweets/cakes/junk food etc please.

Catered Food Options

	Kiwi Kitchen	
	Regular Meal: Morning Snack and Lunch	¥900
	Large Meal: Morning Snack and Lunch	¥1000
	Afternoon Snack	Bring from home
	Kspace Catered Food	
	Morning Snack, Lunch and Afternoon Snack Set	¥1500

Packed Lunch

Children who bring in packed lunches from home must bring the following:	
9:00am to 3:00pm	1 Morning Snack 1 Packed Lunch
3:00pm to 5:00pm	1 Snack
5:00pm (Extension Hours)	! Snack